

## BGM Community Schools Breakfast and Lunch Menu



~ March 2019 ~							
◀ February	Sun	Mon	Tue	Wed	Thu	Fri	
	Sat	April ▶					
<b>Breakfast</b> K-5 \$1.20 6-12 \$1.30 <b>Lunch</b> K-5 \$2.25 6-12 \$2.35 Adult \$3.65	<b>Menu is subject to change</b>	<b>This institution is an equal opportunity provider.</b>				<b>1</b> Breakfast - Ring Donut, Fruit Lunch - PB&J, Chips, Baby Carrots, Cottage Cheese, Apple Slices	<b>2</b>
<b>3</b>	<b>4</b> Breakfast - Breakfast Pizza, Fruit Lunch - JH/HS - Philly Sandwich Elem - Roast Beef on a Bun, Cole Slaw, Baked Beans, Pineapple	<b>5</b> Breakfast - Breakfast Sandwich, Fruit Lunch - Rib Patty, Sweet Potato Fries, Green Beans, Apricots	<b>6</b> Breakfast - Apple Strudel Stick, Fruit Lunch - Macaroni and Cheese, Breadstick, Peas, Baby Carrots, Pears	<b>7</b> Breakfast - Biscuit and Gravy, Fruit Lunch - Crispito with Cheese, Rice, Black Beans, Corn, Peaches	<b>8</b> Breakfast - Long John, Fruit Lunch - Garlic Cheese French Bread, Lettuce Salad, Cherry Tomatoes, Cauliflower, Mixed Fruit	<b>9</b>	
<b>10</b>	<b>11</b> Breakfast - Mini Muffins, Fruit Lunch - Chicken Patty on a Bun, Sweet Potato Fries, Mixed Veggies, Pears	<b>12</b> Breakfast - Omelet, Toast, Fruit Lunch - Chili, Bread and Butter, Baby Carrots, Celery, Lettuce Salad, Baked Apples	<b>13</b> Breakfast - Sausage Pancake on a Stick, Fruit Lunch - Hot Dog on a Bun, French Fries, Broccoli, Peaches	<b>14</b> Breakfast - Bacon, Egg and Cheese English Muffin, Fruit Lunch - Chicken Drumstick, Mashed Potatoes, Corn, Applesauce Cups, Roll	<b>15</b> Breakfast - Goody Ring Donut, Fruit Lunch - Shrimp Poppers, Baked Beans, Cole Slaw, Pineapple, Cheese-filled Breadstick	<b>16</b>	
<b>17</b>	<b>18</b> Breakfast - Egg Burrito, Fruit Lunch - Tenderloin on a Bun, Potato Wedges, Green Beans, Mixed Fruit	<b>19</b> Breakfast - Breakfast Pizza, Fruit Lunch - Goulash, Garlic Bread, Cooked Carrots, Pears	<b>20</b> Breakfast - Chocolate Chip or Cinnamon Muffin, Fruit Lunch - Hot Ham and Cheese, Sweet Potato Fries, California Mix Veggies, Orange Smiles	<b>21</b> Breakfast - Biscuit and Gravy, Fruit Lunch - JH/HS Chicken Caesar Wrap Elem - Chicken Strip Wrap, Spinach Salad, Peas, Apple Slices, Jonny Pop	<b>22</b> Breakfast - Cinnamon Roll, Fruit Lunch - Fish Sandwich, French Fries, Cole Slaw, Peaches	<b>23</b>	
<b>24</b>	<b>25</b> Breakfast - Soft Filled Cereal Bar, Fruit Lunch - Corn Dog, Sweet Potato Fries, Green Beans, Pineapple	<b>26</b> Breakfast - Waffles, Fruit Lunch - Chicken and Noodles, Mashed Potatoes, Cooked Carrots, Strawberry Cups, Roll	<b>27</b> Breakfast - Sausage, Egg and Cheese Biscuit, Fruit Lunch - Walking Taco, Refried Beans, Corn, Pineapple	<b>28</b> Breakfast - Scrambled Eggs, Toast, Fruit Lunch - Chicken Nuggets, French Fries, Broccoli, Applesauce, Peanut Butter Bar	<b>29</b>  No School	<b>30</b>	
<b>31</b>	<b>Notes: All breakfast is served with milk and juice. All lunches are served with milk. Cereal and yogurt are offered each day in place of the breakfast menu items.</b>						